

Broccoli Quinoa Salad

Ingredients

1 head of broccoli, cut into small florets
2 c. kale, chopped
1/2 small red onion, diced finely
1/3 c. cucumber, diced
1 c. quinoa, cooked and cold

Dressing:

2 tsp. apple cider vinegar
2 tbsp. mayonnaise
1 1/2 tbsp. maple syrup
1/2 tsp. salt
1/2 lemon, squeeze juice

Instructions

Chop and combine vegetables in bowl with quinoa.

Combine dressing ingredients and shake well, then pour over vegetables and quinoa.

Stir thoroughly and serve cold.